

Nursery Essentials Checklist



Bedding

- Cot/bassinet/co-sleeper
- NEW or very clean mattress
- 1 x Wool blanket
- 2 x Cotton blankets
- 2 x Waterproof mattress protectors
- 3 x Fitted sheets
- 3 x Cotton or muslin stretchy swaddles
- 6 x Cotton cloth nappy squares

Clothing

- 1 x Cotton hat
- 1 x Woollen hat
- 1 x Woollen cardi/jumper
- 2 x Cotton cardi/jumpers
- 2 x Hand mittens
- 3 x Merino singlets (domes between legs)
- 4 x Cotton singlets (domes between legs)
- 4 x Outfits (tops/pants)
- 5 x Socks/booties
- 6 x Onesies/stretch-n-grows
- 6 x Bibs

Feeding and changing

- Breast pads
- Change table/mat
- Nipple cream or silverettes
- Nappies - approximately 10 per day for newborn
- Nappy cream
- 4 x Nursing bras
- Wipes

Bathing

- 2 x Hooded towels
- 8 x Washcloths
- Natural wash + shampoo
- Nail scissors or clippers or electric file
- First aid kit
- Thermometer (ear or underarm)

Traveling

- Car seat
- Pram

Helpful, not essential



- Baby bag
- Baby bath + water thermometer + bath seat
- Baby monitor
- Black out blinds
- Bottles - 2 x bottles, 2 x teats, 1 x bottle brush, drying rack
- Bottle warmer
- Bouncer or baby seat
- Breast pump + milk storage bags
- Car sunshade + mirror
- Comforter
- Cot bumper
- Drawers/storage
- Dummies
- Feeding chair
- Feeding pillow
- Formula
- Formula machine/dispenser
- Front pack or sling
- Hair brush
- Heater for bedroom (with thermostat)
- Humidifier or vaporiser
- Mobile
- Muslin swaddles
- Nappy bags
- Nappy bin
- Nasal aspirator
- Night light for feeds/changes
- Play gym or mat
- Portacot
- Portacot blackout cover
- Pram rain and sun cover
- Room thermometer
- Sleep suits/sleeping bag
- Steriliser
- Toys + books
- Wedge (side sleeping)
- White noise machine
- Wind drops - infacol/rhuger